

# Healing for All! "I Am Because We Are"



**February 8<sup>th</sup>, 2026**  
**St. Paul's United Church**  
**308 King St, Midland ON, L4R 3M6 705-526-6077**  
**email [stpaulsunited@rogers.com](mailto:stpaulsunited@rogers.com)**  
**Worship Leader: Rev. Kirsty Hunter**  
**Music Director: Victoria Warwick**

**Tech Team:**

Glenn Erwin,  
Gabriela and Rick Dell,  
Bruce Wilcox,  
Fran Hill,  
Marina Commisso

## **Gathering and Preparation**

### **Prelude**

**Processional:** Oh Let Us Breathe

### **Welcome**

**Check In:** Talk about a Black History story you know.

## **Acknowledgement of the Land**

Ahniin, We acknowledge that the land on which St. Paul's United Church is located is the traditional land of the Wendat and Anishinaabe First Nations.

**Today, this meeting place is still the home to many Indigenous People from across Turtle Island, including Metis and our neighbours on Christian Island, Beausoleil First Nation. We are grateful to have the opportunity to worship and work on this land. We are all Treaty people.**

This month, the news channel APTN is celebrating "I Love to Read Month" with a phrase a day in Indigenous languages. There are many very different First Nations languages across Canada, the phrase a day uses at least 15 of them. There are approximately 70 languages across Canada that get sorted into about 12 language groups.

**We commit ourselves to walking in a new way together: a path of healing and hope. Chi-Meegwetch**

## **Call to Worship**

Called to be light,

**we would carry God's hope into the shadows of the world.**

Called to be salt,

**we would enhance the lives of those around us, with joy.**

Called to live in God's reality,

**we would welcome everyone as sisters and brothers in faith.**

And so, filled with God's love,

let us worship Creator today in beloved community

**Where all of us belong.**

## **Opening Prayer**

**Reader: Louise Leck**

## **Lighting of Christ Candle**

- **Prayer**

As we light this Christ Candle, may it remind us that Christ is in us and in our world.

- **Sung Response:** I am Sending You Light

I am sending you light to heal you, to hold you.

I am sending you light, to hold you in love. (x2)

## **Peace of Christ**

### **Stories for All Ages:**

You Can Do It, Tony Dungy

### **Song of Praise:**

MV#88 Over My Head

## **Listening**

### **Scripture:**

John 4:46-54 & 5:1-18

**Reader: Louise Leck**

### **Sermon:**

No Barriers

**Song for Reflection:** VU#679 Let There Be Light

**Life and Work of the Church** (Announcements)

**Offering of Thanksgiving**

**Offertory Music:** I Wonder (Choir)

**Offertory Response:** MV#191 What Can I Do ?

What can I do? What can I bring? What can I say? What can I sing?  
I'll sing with joy. I'll say a prayer. I'll bring my love. I'll do my share

**Celebrations and Concerns**

**Prayers of the People**      **Reader: Fran Hill**

**Lord's Prayer**

**Song for the Journey:** MV#104 That God is Good

**Extinguishing of the Candles**

**Blessing**

**Closing:** Amen

**Postlude**